

How to Grow Chinese Forget Me Not



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About Chinese Forget Me Not

Chinese Forget Me Not's are one of the most adorable, delicate, treasured spring flowers that we grow. They are very similar in appearance to the old fashioned Forget Me Not's you'll find growing in woodland spots of the garden but this particular type makes a far better cut flower crop for a number of reasons.



First, Chinese Forget Me Not's can be grown as an annual crop unlike the traditional biennial types which require a year or more to properly bloom. Second, they have nice tall, sturdy stems that often reach 18" or more. Perfect for bouquet work and solid bunches to the floral design trade. Lastly they are extremely productive! As long as you keep on top of harvesting and don't let the flowers run to seed, they will bloom for up to 6 weeks. I've had good success extending the flowering window by sowing two plantings of seed, a month apart so when the first crop finishes, there is another just coming into bloom.

How to Plant Chinese Forget Me Not

Season: Annual

USDA Zones: 3 - 10

Height: 12 - 18 inches

Bloom Season: Spring and summer

Bloom Color: Blue

Environment: Full sun to partial shade

Soil Type: Well-drained, soil pH 6.0 - 7.0



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Temperature: 60F

Average Germ Time: 7 - 14 days

Light Required: No

Depth: 1/4 inch

Sowing Rate: 11 ounces per 1,000 square feet or 30 pounds per acre

Moisture: Keep moist until germination

Plant Spacing: 6 - 12 inches.

Sow some *Cynoglossum Amabile* seeds and enjoy this cheery little wild flower in your garden. Chinese Forget Me Nots have indigo-blue flower clusters on top of very erect stems and offer a nice contrast with the dark green leaves. This annual wild flower seed will grow quickly and bloom heavily. Chinese Forget-Me-Not plants will grow in sun or light shade in all regions of North America.

Cynoglossum Amabile seeds germinate best if they are evenly spread into loosened bare ground and kept moist. Plant Chinese Forget Me Not seeds in fall where winters are mild (seldom dipping below 10 degrees) or sow the flower seeds in early spring in colder climates after frost season has passed and night time temperatures are starting to stay warm. Cover the flower seeds lightly with a quarter inch or less of good, quality of soil, and keep the wild flower seeds moist.

Before long you will have a beautiful display of wildflowers. Chinese Forget-Me-Nots are liberal self-sowers. They will drop their own flower seeds and be back the following spring. If self-seeding is not wanted, cut back the plants to the ground after flowering or tear the plants out.